

Teaching Outline

Living Supernaturally

Week 10

Text: Gal 5:22 “22 But when the Holy Spirit controls our lives, he will produce this kind of fruit in us: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control ...

Definition of Self-Control: it means to exercise _____ control over one’s desires and actions.

Gen 39:1-20 (NLT)

When Joseph was taken to Egypt by the Ishmaelite traders, he was purchased by Potiphar, an Egyptian officer. Potiphar was captain of the guard for Pharaoh, the king of Egypt.² The LORD was with Joseph, so he succeeded in everything he did as he served in the home of his Egyptian master.³ Potiphar noticed this and realized that the LORD was with Joseph, giving him success in everything he did.⁴ This pleased Potiphar, so he soon made Joseph his personal attendant. He put him in charge of his entire household and everything he owned.⁵ From the day Joseph was put in charge of his master’s household and property, the LORD began to bless Potiphar’s household for Joseph’s sake. All his household affairs ran smoothly, and his crops and livestock flourished.⁶ So Potiphar gave Joseph complete administrative responsibility over everything he owned. With Joseph there, he didn’t worry about a thing—except what kind of food to eat! Joseph was a very handsome and well-built young man,⁷ and Potiphar’s wife soon began to look at him lustfully. “Come and sleep with me,” she demanded.⁸ But Joseph refused. “Look,” he told her, “my master trusts me with everything in his entire household.⁹ No one here has more authority than I do. He has held back nothing from me except you, because you are his wife. How could I do such a wicked thing? It would be a great sin against God.”¹⁰ She kept putting pressure on Joseph day after day, but he refused to sleep with her, and he kept out of her way as much as possible.¹¹ One day, however, no one else was around when he went in to do his work.¹² She came and grabbed him by his cloak, demanding, “Come on, sleep with me!” Joseph tore himself away, but he left his cloak in her hand as he ran from the house.¹³ When she saw that she was holding his cloak and he had fled,¹⁴ she called out to her servants. Soon all the men came running. “Look!” she said. “My husband has brought this Hebrew slave here to make fools of us! He came into my room to rape me, but I screamed.¹⁵ When he heard me scream, he ran outside and got away, but he left his cloak behind with me.”¹⁶ She kept the cloak with her until her husband came home.¹⁷ Then she told him her story. “That Hebrew slave you’ve brought into our house tried to come in and fool around with me,” she said.¹⁸ “But when I screamed, he ran outside, leaving his cloak with me!”¹⁹ Potiphar was furious when he heard his wife’s story about how Joseph had treated her.²⁰ So he took Joseph and threw him into the prison where the king’s prisoners were held, and there he remained.

To have the fruit of self-control grow in us...

First: We need to have our _____ in order.

The first priority we need to have figured out is our relationship with _____.

The second priority we need to have figured out is our relationship with _____.

Are my values and priorities _____ so that I am prepared for temptation?

To have the fruit of self-control grow in us...

Second: We’ll need to have a firm grasp of _____.

_____ is key in having a firm grasp on reality.

To have the fruit of self-control grow in us...

Third: We’ll need to keep _____ to a minimum.

We need to make up our mind _____ we face temptation!

NIV Proverbs 5:7-9 Now then, my sons, listen to me; do not turn aside from what I say. Keep to a path far from her [the immoral woman], do not go near the door of her house, lest you give your best strength to others and your years to one who is cruel...

Gal 5:24 “Those who belong to Christ Jesus have nailed the passions and desires of their sinful nature to his cross and crucified them there. “

Gal 5:25 “If we are living now by the Holy Spirit, let us follow the Holy Spirit’s leading in every part of our lives.”

Am I surrendering _____ to God’s leadership?

Self-Control continuum

None

Complete

Homework:

- **Do I have my values and priorities figured out?**
- **Am I ready to resist temptation?**
- **Am I yielding control to God?**